

30 Day Challenge



Today I am grateful for...

Write out at least 10 things (or more) that you are grateful for today! Look for new things each day.

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

Today I gratefully received...

You have to be a good receiver in order to manifest what you desire. List things that you received today in the space below. Remember...this can be anything from free coffee to money, to compliments, to discounts, etc. Don't hold back on this list!

Tasks To Complete:

Check off each of these tasks as you complete them throughout the day!

- Visualization
- Daily Video
- Accountability